



OCCUPATIONAL HEALTH

Monthly Newsletter February 2010

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◆ **2010 Occupational Health Meeting:** Remember to save the date- June 7-11, 2010! This year's theme: *"Excellence, Innovation, and Leadership: Pathway to the Future"* will feature a broad range of speakers from government, academia, private corporations and NASA. The [Hotel Contessa](#), located in downtown San Antonio, will play host to this year's meeting.



The meeting will again afford the attendee's with the unique opportunity to earn Continuing Education Credits and Maintenance Points. The 2010 OH Meeting Agenda, Registration and additional information will be available in the coming weeks on [the NASA OH website](#). Make plans now to attend!

◆ **2010 HealthierYou Campaign:** We will hold two Agency-wide health campaigns, My Fitness Solutions (March-May) and Walk to Wellness (September-October). If your Center has the minimum requirements of a 150 participants in each of the Campaigns, you will receive Center-specific outcomes data along with the Agency aggregate.

◆ **Mayo Clinic EmbodyHealth:**

The 2009 Mayo Clinic Health Assessment closed on 12/15/2009. The respective WLQ data is due in ~ 3 months. We have over 3,500 Health Assessments completed since January 6th when the global email was released. After our December ViTS a lot of you asked how we can effectively utilize the past three years of the Mayo Clinic data to redefine the HPW goals and objectives. In response we held our first HPW adhoc committee meeting with the Mayo Clinic staff. The committee is comprised of SSC, JSC, WSTF, GRC, and LRC. With the OPM/OMB's interest in the Agency's preventive health program it is only logical that we too assess our performance in order to set clear objectives. Minutes are available for distribution as requested.



◆ **EHRs Project Update:** The EHRs Project/Implementation Team continues to work several issues concurrently including the laboratory interfaces, alternative hosting site, disaster recovery, and IT security issues. A meeting to discuss the implications of self-hosting and the roles and responsibilities of the hosting organization, [Medgate](#), and the Implementation Team has been scheduled. The EHRs Task Force meeting on January 21, provided an update on the EHRs Project and the EHRs SharePoint upgrade. The demonstration of the occupational injury scenario documentation was completed and a revisit completed. The date of the next meeting is Wednesday, March 10, 11:30 -12:30. We will be reviewing configuration issues and need feedback from the Task Force.

◆ **Seasonal and H1N1 Influenza Vaccine:** There is seasonal and H1N1 influenza vaccine still available for any Center. Requests for vaccine can be sent to [Helen Shoemaker](#) and should include the type of vaccine and the number of doses you want. The vaccine will be shipped to your Center from the

JSC Pharmacy. Thanks to JSC Pharmacy for the great support in managing the shipment of influenza vaccine!

◆ **Congratulations to JSC's Teresa Luker:**

In January, Ms. Teresa Luker, RN, BSN, COHN-S, Deputy Chief Nurse at JSC had the rare honor of being selected for two significant [Space Flight Awareness](#) (SFA) Program awards – the SFA Honoree and the Silver Snoopy. Ms. Luker arrived in the [JSC Occupational Medicine Clinic](#) in July 2001. She conceived and developed a Workers' Compensation Nurse Case Management program into a NASA Best Practice. She was responsible for overall coordination of appropriate medical attention, follow-up and successful return to work for civil servant and contract employees at the JSC including the [Neutral Buoyancy Laboratory](#) and Ellington Field operations as well as administration of the Federal Employees' Compensation Act and benefits for civil servant employees of JSC and White Sands Test Facility. She managed and coordinated care of Astronaut work-related injuries/illnesses with Flight Medicine and consulted on cases and reporting mechanisms to the Astronaut Office, and physicians in Russia for employee occupational injuries and illnesses.



◆ **Continuing Education for Medical Personnel:**

The [Pearls Review](#) Gift Cards provide access to over 70 certification review courses including COHN. Cards are good for one year after activation. If interested in obtaining either the Pearls Review or the unlimited continuing education gift cards, please email [Gail Bantugan](#).

◆ **Ergonomic Analysis Tools Webinar Continues:**

A four part, five hour [webinar series](#) featuring [Dr. Tom Bernard](#) from the University of South Florida is continuing this month. The webinar has provided overviews of ergonomic analysis tools used for screening and operations involving the hand, upper body, lifting, and vibration. The final session will be held on February 16, 12:00 – 1:00 EST.

◆ **NASA NPR 1800.1C Physical Exam Update:** The Firefighter protocol in the NPR Physical Exam Matrix Appendix C has been updated to meet the 2009 requirements published in NFPA 1582. The exam frequency was changed to annual and is no longer age-based. The specific exam requirements have been updated and the current version can be found on the [NASA OH Website, Policy page](#).

◆ **NASA OH Center Review Calendar:**

- March 15-19 - Marshall Space Flight Center

◆ **Upcoming OH ViTS & Webinars:**

- Ergonomic Webinar Series – February 2, 12:00-1:30 EST
- Fitness ViTS – February 4, 11:00-12:00 EST
- Workers' Compensation ViTS – February 11, 1:30-2:30 EST
- Ergonomic Webinar Series – February 16, 12:00-1:00 EST
- Environmental Health ViTS – February 18, 1:30-2:30 EST
- Health Physics ViTS – February 24, 11:30-12:30 EST

NASA OH Newsletter is published by the NASA OH Support Office

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